

GOINGS KETSUGO COMBAT SPORTS CLUB AND SELF DEFENSE

RSVP at 1-417-540-7644

lightningviper65@yahoo.com

REAL ESTATE AGENT'S EXTREME SELF DEFENSE COURSE

COURSE I

FOCUSES ON:

- *KNOW YOUR SURROUNDINGS
- *DISTRACTION TECHNIQUES
- *HOW TO DEAL WITH A HEAD ON ATTACK
- *HOW TO HANDLE AN ATTACKER ON THE GROUND
- *GET AWAY AND GET HELP
- *INK PEN AND CLIP BOARD SELF DEFENSE

COURSE I OFFERED: \$20 per person

WEDNESDAY, FEBRUARY 24, 2010 6:00PM – 9:00PM

THURSDAY, MARCH 4, 2010 6:00PM – 9:00PM

THURSDAY, MARCH 11, 2010 6:00PM – 9:00PM